

Attendee list is on next slide



5/14/20 with 54 Attendees (*Please note this list reflects those who's name appeared or introduced themselves*).

Kelly Corbin, MnDOT Dave Cowen, MnDOT

Colin Harris Sierra Saunders

Anna Bohanen, MDH Jeremy Vann, MDH/MDE

Michelle Keifer , Bike MN

Russel Habermann James Gittmeier

Joanne Judge Dietz

Dani Gardner – Rochester SRTS Coord Sarah Stuart, St Paul Public

Schools

Joanne Moze, BCBSMN Sandy Leuthner, BCBSMN

Will Wlizlo (Richfield Public Schools)

Andrea Orst, Sawtooth

Mountain Clinic

Jenny Borden, MPS

Julie Danzel, MPS

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Ting Macro

Karen Nitzkorski – Partnership 4 Health Tina Moen
Luke Ewald Jessica Knutsen
Eric Day Kyle Ten Napel

Amanda Lien Kristie Fernholz Emily Houser Josh Ramaker Cindy Winters Kristie Ferholz Tara Helm Megan De Schep Peggy Sue Inilhy Shawn Schloeser

Levans John2SUS Carly Tracy Patrick Hollister
Tara Helm
Jimmy Shoemaker
Christina Lundgren
Grace Pines
Fred Sandal
Leah Mahoney
Wayne Hurley
Chad Kingstrom
JSchroeder

Annette Brian Maggie Vruwink



Agency Updates:

**Poll questions** 

What about an Uber Network call (2 more this year)





### Life in the times of COVID

- Working from home through summer
- Dave's scaled back because...kids
- Kelly is available!
- Working on new resources from Strategic Plan





#### Grand Marais and Duluth

#### 4-8th grade

http://www.dot.state.mn.us/mnsaferoutes/assets/downloads/postercontest/Poster%2 0Contest%20Lesson%20Plans/Poster\_Contest\_Lesson\_Plan\_4-8.pdf

## **Bike to Anywhere Day**





Noah rode 8 miles each way for ice cream!



Family bike rides in Frazee



Walk to School Day coming up,

### **SRTS Grant Award Updates**

- Non-Infrastructure:
  - Planning Assistance Grants
    - Some finishing & some delayed
    - Still moving forward for next year
  - Boost Grants
    - Delayed, hopeful for fall launch
- Infrastructure
  - SRTS Engineering Study Solicitation
    - In progress
  - Demonstration Projects
    - Delayed until fall



http://www.dot.state.mn.us/saferoutes/grants-funding.htm

Note that full list of awardees is on this webpage

Grants - award recipient list can be found on the righthand side of the page: http://www.dot.state.mn.us/saferoutes/grants-funding.html

#### **Future Grants**

- October Still Planned
  - Boost
  - Planning Assistance
  - Demo Project
  - TAP Infrastructure (federal funds)
- Up in the Air
  - Infrastructure Bonding (state funds)







Email: Anna.bohanon@state.mn.us Cell: 763-238-1642

Distance Learning Link: <a href="http://www.bikemn.org/education/walk-bike-fun/walk-bi

michelle kiefer: Any question about the WBF program, please email me or call. michelle@bikemn.org and 507-430-2280

Teacher's Lounge and other BikeMN events. http://www.bikemn.org/events





### **AGENDA**

- Welcome and Introduction
- Strategic Plan Check in
- Agency Updates (MnDOT, MDH, Bike MN, Blue Cross)
- SRTS in the Time of COVID-19
- Announcements



#### Discussion

Pivoting rapid planning workshop – how to gather and engage stakeholders in a new way...how to do walk audits without being in person?

Shakopee – received planning grant and it's a great opportunity to be in the planning phase and thinking they won't build anything because of the tight cash flow. Take this time to be slow and thoughtful with planning while there isn't such an urgency Rochester – advantages and people really want to be outside and in nature...its resonating well for people to get on their bikes. People are thinking about getting out

Threat not sharing equipment for bikes like other PE stuff
SRTS is a low priority for many key grasstops stakeholders for their leadership in
emergency response (superintendents, elected officials, parents even, etc)
Bike Anywhere day was very well receptive and guide to being outdoors was receptive
Need COVID guide for bike fleet

Schools are very overwhelmed and that will linger into next year Social distancing bike rodeos

Local funding for infrastructure will be very tight for years to come

From Carma Hanson: Here is a link to the poster we are enlarging to have by our bike helmet van that will be going to grocery store parking lots to distribute helmets via a

contactless process. Video on how to meausre for a helmet will be on our facebook page and web site, people will pay on-line and we will use a mannequin to demonstrate how to fit the helmet. This poster will be on display at our table in the parking lot. Sharing as requested from my small group.

http://safekidsgf.com/BikeSafety.html#FitHelmet

From Carma Hanson: Also, consider hosting Zoom trainings for kids on various topics. Use sign up genius to get a sense of how many people will be attending, spend 30 minutes with the kids and offer an incentive to the kids that turn in a quick worksheet when done.

701.739.1591 - Carma Hanson - chanson@altru.org or safekids@altru.org



Luke: things moving forward, participated in bike to everywhere day, LCI training at workplaces, could be at schools; haven't done much in terms of closing streets or implementing bike lanes; doing trail counts and seeing big increase in counts Kyle: most things haven't changed; opportunity – see lots of people walking and biking, how to hop on this momentum to get familiar with routes that exist Jessica: safe kids full time; helmet distribution with videos on how to do instructions (so that they are prepared before getting to distribution); contest for bike to anywhere day

Anna: not many threats or complications at this time; see lots of opportunities (potential usage – how can this be the new normal); shows needs for trail connections to start conversations to further develop networks;

https://www.parksandtrails.org/2020/04/27/trail-use-covid19/

Cindy: threat, people can't really envision what this will look like after COVID, lack of vision at local level

Emily: opportunity to see that more people are out walking and biking now; hope to see this as part of the future of SRTS; threat is not knowing what next school year will be, implementation of activities

Our group included Brian (Regional SHIP staff, didn't catch his last name), John

#### Inkster, Karen Nitzkorski, Chad Kinstrom, Russel, Carma Hanson, and Sierra.

Concerned about less people busing, and more people driving as a result Opportunity to promote walking and biking "inside," opportunity to continue healthy physical activity habits that may have developed during distance learning More consistent messaging - everyone is now promoting "eat health, be active, don't smoke," not just public health staff

PE may not be a priority for many students/families. We don't know what the next new normal will be.

Interest in logistics of walking school buses and other education/encouragement programs, and how to implement those with social distancing

Carma - would normally be doing head injury/bike helmet conversations in schools. Have pivoted and will now be using a van to deliver helmets via grocery store parking lots, with video beforehand teaching parents how to measure their kids heads. Helmet fit guide will be blown up big in parking lot, and manikin head to show how to adjust fit without physical touch. Parents have been reaching out asking for helmets. Using paper tape measures in case people need to do measurements on site to minimize people needing to try on helmets.

Brian - have previously done bike helmet giveaways at farmers markets. Could be an opportunity to keep things moving since they can't have big gatherings that they were planning on using for helmet giveaways.

# SRTS Network Call – May 14, 2020 – Notes from Group 2 (I think that was our number)

City, school district, school site staff and regional staff have capacity limitations to carrying out SRTS work and more implementing plans.

Hard to self-sustain parent interest over time (especially with the new set of parents). Many parent groups are interested in a specific project, usually some sort of engineering project) and once that project is implemented, interest in SRTS wanes. Need for investing in regional SRTS coordinators to help guide this work, building and maintaining relationships, and providing support.

Related to the first comments, school staff had limited capacity to work on SRTS before COVID 19 pandemic, and expect that there could be even be less time for SRTS as the schools will have a narrow focus on the academics and basic student needs, supporting mental health and may not realize the intrinsic benefits of physical activity and therefore SRTS.

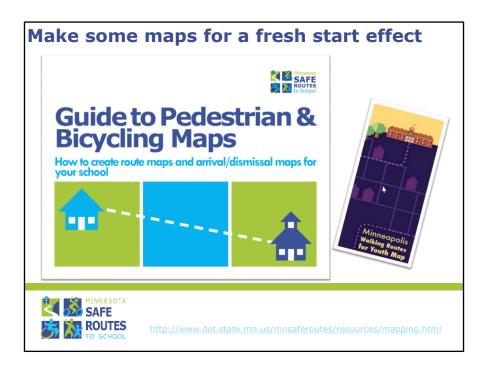
Could use help with getting that message out to the schools about how important walking and biking are now more than ever. There is a big opportunity to promote walking and bicycling, but also at the same time a big threat (more parents driving) that will make it undesirable to walk and bike.

Equity component - the challenges to those students and families facing economic disparities have never been more apparent than now, and for many these students and

meeting their needs are falling through the cracks.



Formalize traffic control staff with training....maybe be teachers or volunteers as well as crossing guards. Begin conversations that more parents may be driving kids instead of busses and how can you help plan for that or encourage more walking



Build on the increase of walking and biking by creating and sending out maps with back to school information. The guide is easy for anyone to create a map. Transportation directors can give you a map with data on where students live to identify where the most kids may be walking or they can share neighborhoods or blocks with the most kids.



Build on the increase of walking and biking during social distancing by sending out education information in school communication and walk/bike postcards to help it feel like a 'win' to not be on this bus this year!





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